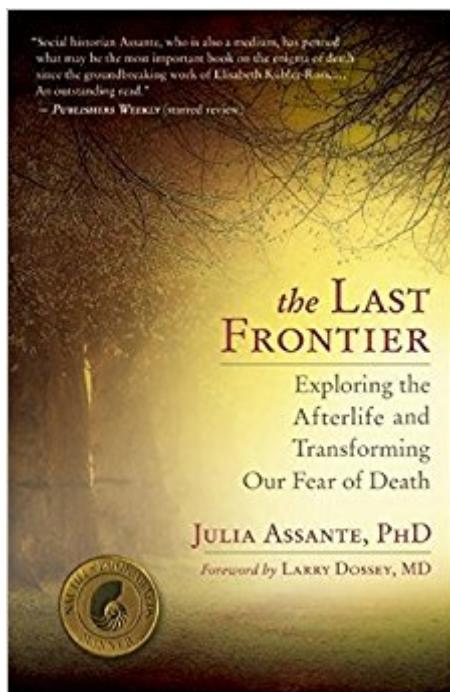


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# The Last Frontier: Exploring The Afterlife And Transforming Our Fear Of Death



## Synopsis

Knowledge of the afterlife can trigger dazzling transformations in body, mind, and spirit. It unleashes our authentic selves, radically resets our values, and deepens our sense of life purpose. From it we discover that the real nature of the universe is the very essence of benevolence. In this comprehensive work, Julia Assante probes what happens when we die, approaching with scholarly precision historical and religious accounts, near-death experiences, and after-death communication. She then presents convincing evidence of discarnate existence and communication with the dead and offers practical ways to make contact with departed loved ones to heal and overcome guilt, fear, and grief.\* Winner of a 2013 Nautilus Gold Award in the category of grieving / death & dying

## Book Information

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## Customer Reviews

Assante is a bit unusual. Not only is she a medium; she has a PhD from Columbia, and her focus of study is Near Eastern history. That puts her in a position to understand the death traditions of the ancient world, and, of course, as a medium, she can speak directly to the dead. Even if not every reader believes that, Assante's book offers many fascinating insights into death and dying. She covers not only near-death experiences but also discusses reincarnation, what death feels like, ways to empower yourself to "a good death," and the role of religion in death practices. There is also much here about communicating with the dead, including plenty of anecdotal evidence. The conversational style and "insider" information make this easy to read, and though skeptics might laugh, those inclined to believe will find this account both

comforting and useful. And, on more of a global level, the book's concluding chapter, "What Would the World Look Like without the Fear of Death?" is insightful and thought-provoking. --Ilene Cooper

Social historian Assante, who is also a medium, has penned what may be the most important book on the enigma of death since the groundbreaking work of Elisabeth Kübler-Ross....An outstanding read. Publishers Weekly (starred review) Throughout history, the fear of death has caused more suffering for human beings than all the physical diseases combined. You are holding in your hands the cure for this suffering. Some books transform lives. This one may transform a planet. Larry Dossey, MD, author of Healing Words and The One Mind; A convincing glimpse of nonlocal reality, which may be the essence of our immortal being. Deepak Chopra, author of Spiritual Solutions and The Seven Spiritual Laws of Success; The Last Frontier presents a brilliant combination of three categories of evidence for survival of consciousness after death; the science, the history, and personal experience....Exceptionally well grounded and accessible, it offers an important contribution to our understanding of death, dying, and beyond. Dean Radin, author of The Conscious Universe and Entangled Minds; Unveils the afterlife as a realm of unlimited possibility, expanded awareness, and ineffable love. Dianne Arcangel, author of Afterlife Encounters and coauthor (with Raymond Moody) of Life After Loss; Julia Assante helps us to approach death in ways that enlarge life, and to grow our ability to step between worlds and have timely and helpful contact with those who are living on the other side....She succeeds magnificently in a venture that is of urgent and essential relevance to all of us. Robert Moss, author of The Dreamer's Book of the Dead and Dreaming the Soul Back Home

I worked as a registered nurse in intensive care units, emergency departments, oncology units and seven years in AIDS units in the earlier days when death was the quick outcome. So I have a very grounded view of death as it occurs in hospitals, and I accepted near-death experiences as real after hearing enough accounts, and especially in seeing the transformative effects when people accept them as real instead of a hallucination or bizarre dream. Julia's book takes the understanding of death to a new level...I could say "deeper" level, but I really mean to a "More Accessible" level. And I love it. I love it because our society is afraid to engage discussions of death, and we tuck it away and sanitize it because we are afraid of it. One result is that our population buys into a false promise that is offered by high tech medical care near the end-of-life. Instead of living the last phase

of this life completing emotional and spiritual business, practical business, and enjoying the company and love of friends, too many people spend several nightmarish weeks or a few months in torturous circumstances in an intensive care unit, and then die. And I can tell you, it can get to be downright barbaric, and all because we chase an empty promise of continued life because we are terrified of death. High tech medicine has its place, but it is extremely overused, to the detriment of families and patients, and with enormous financial costs to our society. Julia is both a mystic and a scholar, and she skillfully weaves a compelling understanding that the dead are not gone, and that we can communicate with them. I have used Julia's method to communicate with my parents and two deceased friends. Was it all within my psyche, or was I actually communicating with them? One can ask that question, but it felt real to me, and it helped me lay some unresolved emotional issues to rest that had deeply bothered me. This book will help you awaken into a more comfortable relationship with death as a natural process that happens to all of us, and open up ways of communicating with your deceased loved ones that feels normal and natural.

This book recommends that everyone speak to the dead, and I agree. I'll be blunt: I've tried speaking to the dead, and I'm happy to report that it works. And, yes, they talk back. If a cynical, hard-headed skeptic like me who loves empirical science and rational thought can speak to the dead and gain value from it, then anyone can. Not only is it possible to speak to the dead, but it will make you feel absolutely on top of the world. I'm not kidding. Having a conversation with a dead loved one - or any deceased person - is like undergoing a terrific psychological cleansing. It's amazingly uplifting. Even if you absolutely cannot believe that the dead live on somehow -- on another plane or in some kind of afterlife -- and even if you are the ultimate rational atheist, you can still benefit greatly from speaking to the dead. If you don't believe me, try it. You might be a super rational, empirical materialist, but still, I dare you - I double dog dare you - to use some of the methods this author, JULIA ASSANTE suggests for contacting the dead. So this is a pretty terrific book. What I like about it most is the author's dogged insistence that the issue of death should be a positive and uplifting subject in our society. Death, dying and being dead is something which should be stripped of the fear and sense of the macabre our mainstream culture has overlaid on all things to do with it. As the author says, our two greatest achievements in life are probably being born and dying - and death is definitely not the end. Here, now, I will air some quibbles I have with this book: First, the author gives a vigorous and breathless endorsement of the Spiricom device - an electronic contraption which supposedly enabled a man by the name of William O'Neil to contact the deceased American physicist, Dr. George Mueller. O'Neil recorded an amazing 20 hours of two-way

conversation with the deceased Dr. Mueller. The Spiricom was bankrolled by a wealthy inventor and industrialist, George Meek, who was said to have revolutionized the air-conditioning industry, and got rich on his numerous patents. To make a long story short, the Spiricom experiment has been all-but proven to be a hoax - and it was probably a hoax perpetrated by William O'Neil. Even George Meek was hoodwinked. The Spiricom device worked only once - and only for Mr. O'Neil. After that, the contrivance was passed from hand to hand, and owner to owner, and not a single other person was able to make the heap work, much less contact a famous dead scientist. William O'Neil was known to have been diagnosed as suffering from schizophrenia - it's listed on his death certificate. Remember, the Spiricom worked for O'Neil and O'Neil only. It was also the case that O'Neil had some financial interest in making the Spiricom work. He was being bankrolled by the wealthy George Meek. Success with the Spiricom meant that the gravy train could keep rolling for O'Neil - and O'Neil needed the money. He was living in a burned out shell of a decrepit old house at the time. Now get this: O'Neil was a self-proclaimed psychic and medium, but he also was well known to be a performing ventriloquist. That's right! And not only was William O'Neil a schizophrenic ventriloquist, it was also known that he owned what is called an "electronic-larynx" device - this was a small microphone worn at the throat that could help a ventriloquist "throw" his voice - and also make his voice sound totally different. It gives the voice a kind of electrical-robotic sound - as was the quality of the voice of the supposedly eager to communicate and dead Dr. George Mueller. Interestingly, O'Neil never allowed himself to be photographed from the front while using the Spiricom - was it so that he could hide the fact he was wearing an electronic larynx? I ask readers to add up all the evidence and draw their own conclusion. I bring this up because the author should have known better than to endorse the legacy of the Spiricom. She holds a Ph.D and thus must be well familiar with not only citing sources, but vetting those sources for accuracy. She stumbles here in the case of the Spiricom. This is unfortunate because her overall thesis is one that is highly controversial - and this makes every bit of information offered even more critical to sustain credibility. All it takes is one glaring error for skeptics and debunkers to pounce. Another minor quibble is that the book is overwritten, wordy and seems repetitive and padded at times - but others might disagree. Overall, I absolutely recommend this book. I also liked the author's skillful overview of how beliefs about death and the afterlife shifted and evolved from ancient times, through a series of dominating but shifting religious structures which hold sway for a few centuries, only to change.

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